

Mobility Nursing Strategic Agenda Enhancements



This update will enhance documentation in the **Routine Daily Care** to standardize capture of patient activity/mobility and level of assistance, improving multidisciplinary communication, visibility into functional status, and correlation with outcomes including length of stay, falls, NVHAP, CAUTI/CLABSI, restraint use, and pressure injuries.

Routine Daily Care J00021631632 LCOE,Sarah

Activity/Mobility: [or free text]

- 1 ☐ Active range of motion
- 2 ☐ Ambulate
- 3 ☐ Bed in chair position
- 4 ☐ Chair/commode
- 5 ☐ Dangle
- 6 ☐ Marching
- 7 ☐ None/bedrest
- 8 ☐ Passive range of motion
- 9 ☐ Stand
- 10 ☐ Turn

Activity/Mobility:

Level of assistance:

The *Activity* field has been modified to *Activity/Mobility* and the group responses have been updated to include:

- Active range of motion
- Ambulate
- Bed in chair position
- Chair/commode
- Dangle
- Marching
- None/bedrest
- Passive range of motion
- Stand
- Turn
- Free text

Note: The yellow information box has been updated to document only what the patient actually did, not what the patient is capable of doing.

Routine Daily Care J00021639878 LCOE,TEST

Level of assistance: [or free text]

- 1 None
- 2 Dependent/total assist
- 3 Independent/mod independ
- 4 Maximal assist
- 5 Min to moderate assist
- 6 Set up/clean up only
- 7 Supv/contact guard assist

Activity/Mobility:

Level of assistance:

Assistive devices:

Duration out of bed (minutes):

Ambulation distance (feet):

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For *Level of assistance*, the group responses have been updated to include the following:

- None
- Dependent/total assist
- Independent/mod independ
- Maximal assist
- Min to moderate assist
- Set up/clean up only
- Supv/contact guard assist
- Free text

Note: The yellow information box defines levels of assistance.

Routine Daily Care J00021639878 LCOE,TEST

Duration out of bed (minutes):

Activity/Mobility:

Level of assistance:

Assistive devices:

Duration out of bed (minutes):

Ambulation distance (feet):

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A new field for *Duration out of bed (minutes)* has been added in place of *Ambulation duration (minutes)*.

Nursing

Routine Daily Care

BH Module

Mobility Nursing Strategic Agenda Enhancements



This update will enhance documentation in the **BH: Activity Assessment** to standardize capture of patient activity/mobility and level of assistance, improving multidisciplinary communication, visibility into functional status, and correlation with outcomes including length of stay, falls, NVHAP, CAUTI/CLABSI, restraint use, and pressure injuries.

Activity Assessment J00021639878 LCOE,TEST

Level of assistance: [or free text]	
1	None
2	Dependent/total assist
3	Independent/mod independ
4	Maximal assist
5	Min to moderate assist
6	Set up/clean up only
7	Supv/contact guard assist

Supervision/contact guard assist: Supervision, verbal cues or touching assistance such as holding gait belt loosely.

Minimal to moderate assist: Patient completes 50% or more of total task/effort with physical assistance.

Maximal assist: Patient contributes, but completes less than 50% of total task/effort with physical assistance.

Dependent/total assist: Patient does not contribute to completion of task or requires assistance of two helpers.

Level of assistance: >

Development delays:

Activity restrictions:

Group responses for the *Level of Assistance* field in the **BH: Activity Assessment** have been updated to the following:

- None
- Dependent/total assist
- Independent/mod independ
- Maximal assist
- Min to moderate assist
- Set up/clean up only
- Supv/contact guard assist
- Free text

Note: The yellow information box defines levels of assistance.

Behavioral Health

BH: Activity Assessment