

Expanse TIP SHEET

Restraints Initiative Update Ordering Process

Inappropriate restraint utilization has heightened regulatory risk with inconsistent practices and outcomes for managing restraints effectively. As part of the 2025 Strategic Priorities, we have identified ways to drive appropriate restraint utilization by optimizing both the ordering of restraints and subsequent nursing documentation.

RESTRAINT ORDERING PROCESS

The screenshot shows the 'Orders' section with a 'Restraints' tab selected. The 'Order phase' dropdown is set to 'Renewal'. An error message box appears, stating: 'Order Phase of 'Renewal' cannot be selected in the absence of a current 'Initial' Restraint Order. Please enter an Initial Restraint Order.'

Note: An error message will occur if the *Order Phase* of 'Renewal' is selected in the absence of a current 'Initial' Restraint Order.

In the **RESTRAINTS ORDER** the first **required*** field is the *Order Phase* with the following response options:

- Initial
- Renewal

The screenshot shows the 'Restraints' section with the 'Level of restraint' dropdown set to 'Non-violent'. The dropdown menu is open, showing options: 'Non-violent' and 'Violent/self-destructive'.

The *Level of restraint* is a **required*** field with the following response options:

- Non-violent
- Violent/self-destructive

The screenshot shows the 'Non-violent' section of the restraint order. Fields include: 'Non-violent restraint device' (Bedrails), 'Non-Violent restraint time limit' (24 hours), 'Clinical justification for non-violent restraint' (Attempts to remove device), and 'Criteria for release of restraints is met when patient stops' (Attempts to remove device).

Note: Restrictive positioning and Tightly tucked sheets are no longer approved Non-violent restraint devices.

If 'Non-violent' is selected, the following multi-select fields will become available and **required***:

- Non-violent restraint device
- Clinical justification for non-violent restraint
- Criteria for release of restraint is met when patient stops.

☒ Routine New

* Provider: Hospitalist01,Provider
 * Order phase: Initial
 * Level of restraint: **Violent/self-destructive**
 * Violent restraint device: Enclosure
 * Violent restraint time limit: 4 hours
 * Clinical justification for violent restraint: Combative
 * Criteria for release of restraints is met when patient stops: Combative

Note: Bedrails, Freedom splints, Geri-chair, Mittens, Seclusion/restraint, Tightly tucked sheets, and Waist are no longer approved Violent restraint devices.

If 'Violent/self-destructive' is selected, the following multi-select fields will become available and **required***:

- Violent restraint device
- Violent restraint time limit
- Clinical justification for violent restraint
- Criteria for release of restraint is met when patient stops

Orders Add New Process Orders SUBMIT 2

Favorites Sort Search All Filter: All Page Wt

☒ Routine New 11/20/25

* Provider: Hospitalist02,Provider
 * Source: Telephone Order Read-Back
 * Order phase: Initial
 * Level of restraint: Violent/self-destructive
 * Violent restraint device: Enclosure
 * Violent restraint time limit: 4 hours
 * Clinical justification for violent restraint: Attempts self-harm, Physical aggression
 * Criteria for release of restraints is met when patient stops: Attempts self-harm

Order Summary SAVE 1

CURRENT	ENTER	RECONCILE	TRANSFER
ORDERS	DATE	STATUS	X ALL
Restraints Routine	11/20/25	New	X
Restraint order time: 09:50 Restraint order exp date: 11/20/25 Restraint order exp time: 13:50 Restraint order date: 11/20/25			

Clinical Justification **Non-violent** level of restraint, the following options may be selected:

- Attempts remove device
- Handle wound/dressings
- OOB extreme inj risk

Violent/self-destructive level of restraint, has the following options:

- Attempts self-harm
- Combative
- Destructive
- Physical aggression

Once all **required*** fields have been completed, the **Order Summary** screen will display the following fields for review:

- Restraint order time
- Restraint order exp Date
- Restraint order exp time
- Restraint order date

Non-Violent restraint time limits:

Initial order phase = 24 hrs.

Renewal order phase = 1 calendar day.

Violent restraint time limits:

"Physical Holding" = 15 minutes

Age ≥ 18 yo = 4 hours

Age 9-17 = 2 hours

Age < 9 = 1 hour